

SoulCollage® Facilitator Training with Mariabruna Sirabella, MFT

**Saudade Wellness Center (www.saudaderetreat.com)
Manadas Village, Sao Jorge, Azores Islands**

August 30- September 2, 2012

This extended residential Training is meant for those who wish to take the Training at a slower pace. The Curriculum is the same as any other Training, but there will be time to go to the ocean and enjoy the quiet natural settings of Saudade Wellness and Retreat Center. Dr. Filomena Trindade, the founder of Saudade, is an internationally recognized Functional Medicine physician with a private practice in Santa Cruz, CA but is originally from Sao Jorge where she leads group and individual Wellness Retreats. She will treat us to an ideal, tasty and healthy diet of locally grown organic foods - gluten free and including fresh catch of the day from the ocean.



The Training is presented in English. Linda Woolfson (SoulCollage® Facilitator) will be assisting Mariabruna and will translate into Portuguese when and if necessary.

Special Group Retreat (independent from the Training)

For those who intend to make this visit to the island a special treat to themselves, there is the option to arrive at Saudade early and participate in a **special group Retreat** that includes working energetically with the powerful island's landscape, healthy nutrition, and deep soul work. Detailed information will be posted separately and is also available upon request (sirarte.com@gmail.com). This Retreat is truly a full immersion in the mind/body/spirit connection co-facilitated by Filomena and Mariabruna, and is open to anyone. It is completely independent from the Training.

You may also extend your stay at Saudade for a personal Retreat and optional consultations with Dr. Trindade (please see www.saudaderetreat.com).

About the SoulCollage® Facilitator Training

This Training is for anyone who wants to facilitate SoulCollage® for self-discovery in groups and with individuals and/or anyone who seeks an in-depth immersion in the SoulCollage® community experience.

No degree or other credentialing is required to attend the Training. Enthusiasm for the process and its use in one's own life and meeting the pre-requisites below are the chief criteria for participation in the Training.

The Training is required for a person to call themselves a "SoulCollage® Facilitator" and their groups "SoulCollage® Groups." If you really want to use SoulCollage® fully in your work, you will want to attend a Facilitator Training.

Those who complete the SoulCollage® Training will receive a certificate of completion and may use the SoulCollage® trademark in doing individual or group work according to the "Principles of SoulCollage®." They may also use the designation "SoulCollage® Facilitator". Please read these important "Principles of SoulCollage®" at the SoulCollage® website.

The SoulCollage® Facilitator Training meets the qualifications for 18 continuing education credits for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. A certificate of attendance will be provided by Mariabruna Sirabella #3449. If you are a licensed professional we can provide you with a certificate of completion. If you are not licensed in California, please check with your own State licensing board to see if they will honor California's continuing education units.

What the SoulCollage® Facilitator Training Covers

This is a standardized curriculum aimed at giving all Facilitators the same information regardless of who the Trainer is. Of course each Trainer brings her/his own life experiences, style, and personality to the Training. The Training includes:

1. How to facilitate SoulCollage® card-making, including ways to support self-esteem and avoid competition and self-criticism.
2. How to implement a therapeutic structure which both protects and encourages self-discovery, without the facilitator doing therapy.
3. Ways to adapt the process to different individual issues and different populations.
4. Demonstration of ceremonial work with SoulCollage® cards.
5. Discussion about how to use the internet to support and encourage SoulCollage® community, including the SoulCollage® Facilitators' Listserve, the Facilitator's "Neter Letter" newsletter, SoulCollage® Exhibitions, and referral listings on the website for trained SoulCollage® Facilitators.

6. Help in envisioning a plan for facilitating SoulCollage® that fits your own passions, intentions, and competencies.
7. Ethical pitfalls and challenges that might arise when one is working with individuals and groups using the powerful spiritual and personal images of SoulCollage®.

Participants will make cards, share cards, and use their own processes as teaching examples for the group in learning how to facilitate SoulCollage® work, because the focus in the Training is training rather than card-making per se as in a workshop. We learn how to do "readings" which use our own intuition to deepen self-knowledge. We learn creative applications and how to adapt the process to different populations. We work towards constructing a plan that fits participants intended use of the technique.

Who Should Participate

Anyone who would like to form SoulCollage® Groups or use SoulCollage® in already established groups (such as church groups, women's groups, senior groups, hospice, educational classes) or as an art technique as an adjunct to other kinds of groups, classes, or workshops is welcome to register.

SoulCollage® Trainings have attracted many therapists and art therapists who love the SoulCollage® process and see readily how it can be used in their work. Training participants network with each other and share how to adapt the SoulCollage® process to their clientele. Some ministers and lay clergy have also completed the Training to be able to facilitate SoulCollage® in their ministry.

Facilitators have used this process with women's groups, spas, and libraries coaching, writing groups, seniors' life review, cancer support groups, and hospice. The therapists and art therapists among them are working with SoulCollage® with organizational development, with couples therapy, trauma recovery, addiction recovery, pain management, teenagers, at risk children, and with grief and loss.

Standard Pre-Requisites

No degrees or certifications are necessary to take this training. Preparation includes the following:

1. Reading **SoulCollage® Evolving** by Seena Frost.
2. Listening to Seena Frost's two CDs - **Introduction to SoulCollage®** and

Facilitating SoulCollage® in Groups

3. Making a minimum of a few cards in each suit. Note: Be sure to bring all your SoulCollage® cards to the Training.

If you live in an area where acquiring these products is difficult, please contact Mariabruna Sirabella at sirarte.com@gmail.com ASAP.

It is not a pre-requisite, but it will be helpful at some point to listen to each of the CDs in Seena's series, "Your SoulCollage® Cards." It is also recommended that you attend an Introductory SoulCollage® workshop in your area if at all possible.

The more prepared you are the more benefits you will acquire at the Training.

Schedule & What to Bring

The Training will start on Thursday with lunch (yummy!!!) and will end Sunday also with lunch. Arrangements for arriving or leaving at an earlier or later date need to be made in advance. Friday and Saturday morning are devoted to visits to the ocean. There are sessions both evenings until about 21:00 or 21:30 pm. **In order to receive a completion certificate, all sessions must be attended**, so please make your travel plans to permit attendance at all sessions.

Travel

Direct flights are available from San Francisco and from Boston through Azoresexpress.com and SATA Airlines. Multiple connections are available from the major European airports. Transportation from and to the airport is available upon request.

Registration Information

Please refer to the Registration PDF to send your information to Mariabruna. Deadline for Registration and full tuition payment is July 15th 2012.

For questions, email Mariabruna at sirarte.com@gmail.com

Training Tuition

Participants will be registered on a **first-come, first-served basis**. The space at Saudade is limited. 'Overflow' will be accommodated into a nearby building, but this group is limited in size.

Accommodation fee (very very few single accommodations are available) starting with lunch on Thursday and ending with lunch on Sunday, all included (no alcohol beverages are available at Saudade).

Single: 170 Euros

Shared: 140 Euros

Details on payment for accommodations will be sent upon registration. Register early!!! Deadline for Registration and full tuition payment is July 15th 2012.

Tuition fee is \$500. The following is included in the Tuition Fee:

- Training sessions (Thursday to Sunday)
- All materials needed for the Training (blank cards, images, scissors, hand-outs, binder, glue)
- One-year membership in the professional organization: the SoulCollage® Facilitator's Circle
- Facilitator Profile and Workshop Postings on www.soulcollage.com
- SoulCollage® Product Discounts
- An invitation to join the Facilitators' only list serve and other Facilitator blogs
- A monthly e-newsletter for Facilitators only.

After the training, you will be able to use the trademarked name "SoulCollage®" and the designation "SoulCollage® Facilitator." In order to receive a completion certificate, all sessions must be attended.

7 Reasons Why People Train as SoulCollage® Facilitators (in addition to their enthusiasm for creating and reading from their own SoulCollage® cards!)

1. Non-artists struggling to express their longing to be creative appreciate that there is no wrong or right way in SoulCollage®; the process is simple, fun and profound. Anyone able to manage scissors and glue can create beautiful cards and enjoy sharing them with others.
2. Therapists, counselors, nurses and other helping professionals find a creative way to work with clients that goes beyond words and concepts, one that provides direct experiential access to intuition and transformation.

3. Healers and people seeking to heal see in SoulCollage® a gentle yet deep self-care method that reveals their inner guidance by exploring and "becoming" images and using their cards to do SoulCollage® readings.
4. Artists interested in bringing a new dimension to their art find a spiritually-infused process that they can share with others, a creative threshold to surprising revelations, greater self-understanding and the enriching acceptance of the light and shadow at play in our lives.
5. Anyone who values participating in and building learning communities based on mutual respect, support, and a commitment to care for self and others are drawn to learn and share SoulCollage®.
6. People looking for a way to give back to their communities, families, friends, children, church groups, women's/men's groups, hospices and other organizations see SoulCollage® as an opportunity to support the growth and well-being of others and themselves.
7. Individuals seeking spiritual renewal and a creative way to access their deeper guidance and wisdom.