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2010 Book of the Year Award Finalists Announced

ForeWord Reviews is pleased to announce the 2010 Book of the Year Awards list of finalists. Representing more than 350 publishers, the finalists were selected from 1400 entries in 56 categories. These books are examples of independent publishing at its finest.

***SoulCollage® Evolving* by Seena B. Frost (Hanford Mead 2010) is a finalist for the 2010 Book of the Year Awards in the Body, Mind & Spirit category.**

[Seena B. Frost](#), living in Watsonville, CA, is the founder of SoulCollage® and the author of *SoulCollage® Evolving*. SoulCollage® is the accessible collage process with practical applications that has inspired a growing international community. There are now 1000 trained SoulCollage® Facilitators sharing SoulCollage® in 20 countries. It's easy to learn and it's inexpensive. Best of all, it inspires individual creativity and encourages good communication in families and groups. It is adaptable to many contexts. People of all ages can enjoy this multi-leveled, creative process. All that's needed is a good pair of scissors, pre-cut mat board cards, images one can find anywhere, and glue! When you have made some cards, you can consult them for guidance, asking your important life questions and letting your cards speak your own intuitive wisdom back to you. Much more information is available at www.soulcollage.com.

Seena Frost, M. Div., M.A. studied theology at Yale Divinity School, married, raised four children, and then received a Master's degree in psychology from Santa Clara University.

[Hanford Mead Publishers, Inc.](#) publishes books and audio products where psychology and spirituality share common ground. Its mission is to assist people to look deeply at their life's journey through creativity, inner reflection, and spiritual connection.

[ForeWord Reviews'](#) Book of the Year Awards program was established to help publishers shine an additional spotlight on their best titles and bring increased attention to librarians and booksellers about the literary and graphic achievements of independent publishers and their authors. Award winners are chosen from *real* librarians and booksellers, who are on the front lines everyday working with patrons and customers. *ForeWord* is the only review trade journal devoted exclusively to books from independent houses. *ForeWord* influences the buying decisions of booksellers and librarians across the United States and Canada and its website receives nearly 10,000 unique visitors a month.